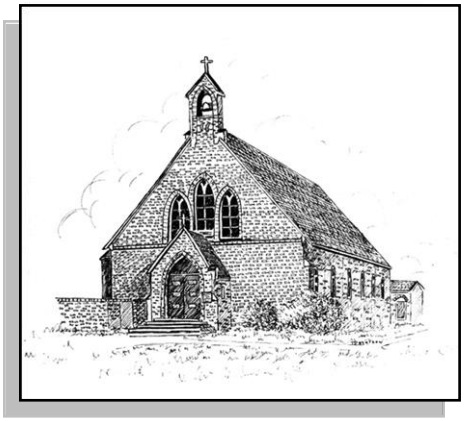


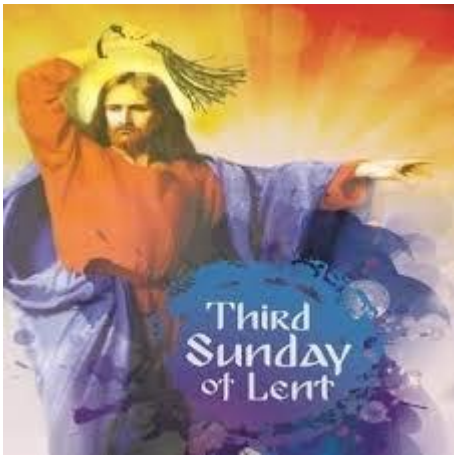
Saint Charles Borromeo Catholic Church

545 Randolph Avenue, Cape Charles, VA 23310
Office: 757-331-2040 Rectory: 757-331-1724
E-mail: saintcharles545@gmail.com
Website: www.stcharlesbcc.org

Catholic Diocese of Richmond

Rev. J. Michael Breslin, Pastor
Deacon Donald T. Donovan

Sunday, March 7, 2021
3rd Sunday of Lent



Mass Intentions

MARCH 6TH SATURDAY 5:00 P.M.:

-

MARCH 7TH SUNDAY 10:00 A.M.:

- **Parish Family (Living and Deceased)**

MARCH 10TH WEDNESDAY 9:30 A.M.:

-

MARCH 11TH THURSDAY 9:30 A.M.:

-

MARCH 12TH FRIDAY 9:30 A.M.:

-

MARCH 13TH SATURDAY 5:00 P.M.:

-

MARCH 14TH SUNDAY 10:00 A.M.:

- **Parish Family (Living and Deceased)**

Nuestra misa en español se celebra todos los domingos a las 4 p.m. ¡Todos son bienvenidos!

Our Spanish Mass is celebrated every Sunday at 4:00 p.m. Everyone is welcome!

Stations of the Cross

The Hispanic community is doing Stations of the Cross in Saint Charles Church at 7:00 p.m. on Fridays during Lent. All are welcome to attend.

Psalm 91

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: "My refuge, my stronghold, my God in whom I trust!"

It is he who will free you from the snare of the fowler who seeks to destroy you; he will conceal you with his pinions and under his wings you will find refuge.

You will not fear the terror of the night nor the arrow that flies by day, nor the plague that prowls in the darkness nor the scourge that lays waste at noon.

A thousand may fall at your side, ten thousand fall at your right, you, it will never approach; his faithfulness is buckler and shield.

Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. (1-7, 4c, 10-11)

Let us pray, may the leaders elected be guided by the Holy Spirit as they fulfill their positions…

Our Father…

Hail Mary…

Glory to the Father…

Pray for Peace and Protection
of Members of Our Uniformed Services

PFC Marisol Surran – deployed to Germany. Granddaughter of Dick and Marge Surran.

Navy Chief Nick Swanson – Great Nephew of Michael Flanagan.

2nd Lieutenant Samuel Davis McQuitty – Grandson-in-law of Peggy and Rip Phillips. Stationed at Fort Hood, Texas.

Major T. Martin – Son-in-law of Bob and Sue Panek.

2nd Lieutenant Katherine Lee – Daughter of Patricia and Robert James.

Staff Sergeant Dustin Goard, SERE Specialist – Son-in-law of Mike and Deirdre Purcell.

2nd Lieutenant Kevin Rech – Son of Kevin and Judy Rech.

Navy Corpsman Tyler Rippley – Great Nephew of Michael Flanagan.

Captain Clay Lewin – Son of Kurt and Sally Lewin and Grandson of Maureen and Don Donovan.

Captain Sean Mitcham – Son of Denise Mitcham.

Please let us know the name of your loved one serving in the Armed Forces. E-mail to: bulletinscc@gmail.com

Knights of Columbus Scholarship

The Msgr. Mickle Council of the Knights of Columbus, Cape Charles will present a Scholarship Award of $1,000 for college to a deserving High School Senior. Applicants must be residents of the Eastern Shore and confirmed members of St. Charles, St. Peters or St. Andrews Catholic Churches. Applications are due April 30, 2021. To receive an application, please contact:

Mark C. Nunez 757-331-1021 or
marknunez1967@verizon.net
Ralph Orzo 757-331-2802 or
ralphcyc@aol.com
Bob Leffel 757-331-1959 or
bleffel243@gmail.com

Healing Prayer

LORD, You invite all who are burdened to come to You. Allow Your healing hand to heal me. Touch my soul with Your compassion for others. Touch my heart with Your courage and infinite love for all. Touch my mind with Your wisdom, that my mouth may always proclaim Your praise. Teach me to reach out to You in my need and help me to lead others to You by my example. Most loving Heart of Jesus, bring me health in body and spirit that I may serve You with all my strength. Touch gently this life which You have created, now and forever. *Amen*

Megan Thurston, Grace Buczny, Judy Adams, Matthias Ronning, Art and Eleanor Tross, Irene Mlodynia, David Price, Pat Buckley, Bob Gleason, Denise Kladis, Jon Antal, Val Evans, Jeanette Scott, Andrew Porche, Colanthia Carignan, Tom Plaschke, Angelo Collins, Jr., Liam Scott, Mark Nunez, Judy Calistri, Bonnie Wilhelm, Theresa Brady, Al Orlick, Kristin Huggins, Frank Cullen, Dorothea Rose and Elizabeth Grace Hubbard, Diane Cioffi, Sarah Stansberry, Marjorie Briden, Roberta Romeo, Andrea Price, Jennifer Eder

Whenever a parishioner is sick or in the hospital, please call the rectory or send e-mail to: bulletinscc@gmail.com for inclusion in our bulletin.

<u>If a person is no longer in need of our ongoing prayers, please let us know.</u>

Prayer During An Epidemic

Lord Jesus,

Hear our pleas, our Good Shepherd and Divine Physician. We implore your mercy in the wake of an outbreak of serious illness and disease.

Guide our efforts to prevent contagion and make preparations to care for those most vulnerable. Assist all professionals and volunteers who work to eradicate the epidemic now spreading. May our actions be marked by your steadfast love and selfless service and never by panic or fear.

Bestow your comfort and healing to the sick, sustain and strengthen them by your grace. May they know your closeness as they carry the cross of illness.

And may all who have been called from this life come to worship you eternally with all the saints as you grant consolation and peace to their mourners.

Amen.

Holy Mary, Health of the Sick, pray for us.
St. Joseph, Hope of the Sick, pray for us.
St. Rocco, protector against epidemics,
pray for us.

I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us.... We know that all creation is groaning in labor pains even until now.... But if we hope for what we do not see, we wait with endurance.

-Romans 8:18, 22, 25

My Gift to You Candles

Sanctuary Light – Month of February
In Honor of:
Those Who Serve
Given by A Very Grateful Parishioner

Volunteers for Parish Maintenance Needed

Father Michael is looking to have a small list of parishioners that would be available to call on a rotating basis for minor building maintenance i.e. changing batteries, lightbulbs, and general upkeep. Please call the office if you can help 331-2040.

2020 Statement of Contributions

If you require a 2020 Statement of Contributions for your income tax preparation, please email or call the office and the statement will be mailed to you. Thank you!

Those we love don't go away.
They walk beside us every day.

My Gift to You Candles

The form to request "My Gift to You" candles is available on our website **www.stcharlesbcc.org**. Please print and fill out your request(s) and mail the form(s) to St. Charles Church, 545 Randolph Avenue, Cape Charles, VA 23310. If you are unable to print the form, please call the Parish Office and we will mail a form to you.

The Altar Flower Request Book is in the Parish Office. Please email bulletinscc@gmail.com, stop by or call the office (331-2040) any Wednesday to submit your request(s) for Altar Flowers. We ask $30.00 for each request. Please note that during Lent/Easter time (February 20 through April 18) we do not have flower requests available.

"A Prayer when Wearing a Mask"

by Cameron Bellm

Each time we put on a mask,

May it be an invitation
to remembrance,

A communal call to pause
and grieve

All those we have lost,

A number so high it
defies imagination.

Apart though we are
and must be,

May we recognize
that we are linked,

All of us held together by these
bits of fabric and elastic,

Stitched into a beautiful quilt
of shared humanity,

Wrapping all the way
around the globe.

To put on a mask is
to light a candle,

And may our light
be bright indeed,

Bright enough to comfort us
in our mourning,

Bright enough to dare us to hope,

That our love will lead us
to a better future.

Amen.

LITANY OF COMPASSION FOR THE SICK

We pray with special love and concern for all those who are ill or infirm, asking the Lord for his consoling grace to strengthen the sick in times of trial.

(Response after each line) *LORD, BE CLOSE TO GIVE YOUR COMFORT.*

When pain or distress is overwhelming. ℟

When the healing process goes slower than hoped. ℟

When terrified by treatment or therapy. ℟

When it's hard to let go of long-held plans. ℟

When the feeling of alienation arises. ℟

When worn out and weary. ℟

When trouble by impatience and negativity. ℟

When loneliness adds to anxiety. ℟

When sickness makes it difficult to communicate. ℟

When discouragement or despondency sets in. ℟

When fear makes it impossible to face the future. ℟

When the ravages of disease attack self-esteem. ℟

When anger and resentment assail. ℟

When beset by worry or fretfulness. ℟

When it's hard to rely on others for care. ℟

When envy arises toward those who are healthy. ℟

When pessimism or cynicism holds sway. ℟

When anguish is intensified by the need for reconciliation. ℟

When sickness is mistaken for punishment. ℟

When loved ones are far away. ℟

When sickness causes financial hardship that leads to worry or despair. ℟

When afflicted by the feeling of nothing to hope for. ℟

When weakness makes it impossible even to think. ℟

When friends draw back fearful of disease. ℟

When illness makes those who are suffering moody or irritable. ℟

When haunted by regret and the shame of past sins. ℟

When it's difficult to sleep. ℟

When there's loss of appetite. ℟

When there's resistance to necessary change. ℟

When tempted by denial. ℟

When nobody seems to understand. ℟

When bound to home or when restricted in movement. ℟

When listlessness and apathy threaten. ℟

When medication seems to make things worse. ℟

When all that's needed is a caring touch. ℟

When it's impossible to maintain familiar routines. ℟

When it's hard to find the strength to go on. ℟

When it becomes difficult to pray. ℟

When suffering of any sort becomes hard to bear. ℟

When death draws near. ℟

Our Father…

Most merciful Father, your beloved Son showed special compassion to lepers, tenderness to those long sick, and healing to the infirm laid before him. We place before you all those who are ill and in need of healing grace. May the love and mercy of the Divine Physician raise up all who suffer from sickness and restore them to health and peace. We ask this in the name of Jesus. ***Amen***.

Composed by Father Peter John Cameron, O.P. Published in the February 2007 and the February 2012 issues of Magnificat**

**Magnificat is a publication that will help anyone to develop a prayer life and grow in the spiritual life. Published 14 times per year, each issue contains Morning and Evening Prayers, Readings of the Mass for the day, a daily reading, lives of the Saints, and many other aids for enlightenment, prayer, and meditation. Visit their website to learn more and request a sample copy.

Our Parish COMMUNITY

March 7, 2021
Third Sunday of Lent (B)
Ex 20:1–17 or 20:1–3, 7–8, 12–17
1 Cor 1:22–25
Jn 2:13–25

FIZKES/SHUTTERSTOCK

The Long Arm of the Law

Eventually you're going to get caught. That's what this expression means. And that is pretty much how most people understand law—as something that hems them in and, if disregarded, will get them in the end. But that is not how Israel understood its law. The psalm verses for today insist that the law refreshes the soul, rejoices the heart, enlightens the eye, is more precious than gold, and is sweeter than syrup or honey from the comb. The people cherished the law because it outlined for them how they were to live as God's Chosen People.

People who want to run a marathon, learn to fly a plane, or join a club are eager to take on the directives that will enable them to accomplish their goal. That is how Israel viewed the law outlined in today's first reading. It's as if God said: "If you want to be my people, this is the way you should live."

Whenever the law of Israel seems to be criticized (as is often the case in St. Paul's writings), it is not really the law itself but the inappropriate attitude toward it that is censured. As important and precious as the law might be, it is only a means to an end. It is not the end itself, any more than the directives for flying a plane are what are uppermost. From the Bible's point of view, the long arm of the law is meant to direct and support us, not intimidate us.

Sr. Dianne Bergant, CSA

For Reflection

- *The laws in today's first reading deal with basic living. Which ones seem to be the hardest to live by? Why?*
- *Which laws give you the most support as you try to live with integrity?*

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Dear Padre,

Our deacon was preaching about Lent and mentioned that the Church calls us to *metanoia*. What did he mean?

Most of us think of Lent as a time of penance. We receive our ashes and take up some traditional practice of giving up something or doing something for Lent. But there's more to Lent than just practices of piety or acts of penance and mortification. Your deacon is correct. In Lent, the Church calls us to *metanoia*, a Greek word meaning "a change of mind and heart."

ROBYN MACKENZIE/SHUTTERSTOCK

We begin a new way of thinking and acting. We take a long, hard look at our lifestyle and compare it to the values Jesus offers. Then we change our lives to match the values of the Lord. This, of course, is difficult to do alone. The Church asks us to pray during Lent that the Lord's power will enter our lives and give us the wisdom to see a new direction and the courage to move in that direction. The Church suggests we strengthen our resolve through acts of personal mortification and sacrifice for others. This will tighten the belt of our discipline and train us for the more sweeping changes that we must make.

The Scripture readings for the first three weeks of Lent center on metanoia. The readings direct us to understand what is involved with "changing our hearts" and seeking a new life direction. Listen to them well and they will lead you to metanoia.

From Dear Padre: Questions Catholics Ask, *© 2003 Liguori Publications*
Sundaybulletin@Liguori.org

A WORD FROM *Pope Francis*

I urge the members of the Church to take up the Lenten journey with enthusiasm, sustained by almsgiving, fasting, and prayer. If, at times, the flame of charity seems to die in our own hearts, know that this is never the case in the heart of God! He constantly gives us a chance to begin loving anew.

LENTEN MESSAGE FOR 2018, NOVEMBER 1, 2017

Calendar

Monday
MARCH 8
Lenten Weekday
2 Kgs 5:1—15ab
Lk 4:24–30

Tuesday
MARCH 9
Lenten Weekday
Dn 3:25, 34–43
Mt 18:21–35

Wednesday
MARCH 10
Lenten Weekday
Dt 4:1, 5–9
Mt 5:17–19

Thursday
MARCH 11
Lenten Weekday
Jer 7:23–28
Lk 11:14–23

Friday
MARCH 12
Lenten Weekday
Hos 14:2–10
Mk 12:28–34

Saturday
MARCH 13
Lenten Weekday
Hos 6:1–6
Lk 18:9–14

Sunday
MARCH 14
Fourth Sunday of Lent
2 Chr 36:14–16, 19–23
Eph 2:4–10
Jn 3:14–21

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Liguori PUBLICATIONS
A Redemptorist Ministry

March 2021

Anniversaries and Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 B: Diane Partin B: Patricia Keane	2	3 B: Elaine Plaschke B: Judy Rech	4	5	6 A: Stephen & Connie Weld
7 B: Maureen Bochman	8	9 B: Irasema Muniz	10 B: Ann Marie Espriella	11	12	13 B: Marvin Milton
14 B: Patricia James	15 B: Gail McCormick	16	17 **ST. PATRICK'S DAY**	18 B: Cristal Rodriguez	19 B: Richard Conrad	20 B: Patricia Bemb
21	22 B: Dolores Bohi B: John Woolaver B: Theodore Bemb	23	24 B: Joyce Kulakowski B: Malcolm Hayward	25 B: Francisco Torres	26 B: Betty Webb	27 B: Jeanne Roll
28 B: Anne Bois	29	30	31 B: Judith Adams			